

海外生存英语生活

第十二讲下

Sally

Health care Center

健康中心

话题导入

所有的校园都会设有学生保健室(Student Health Care Center) , 里面会有基本的卫生保健设备、一般药物以及急救药品(first aid medicine) , 以解决学生突发的身体不适症状或是意外受伤的状况。

话题导入

保健室里一般也会设有1~2张的床，让需要的学生可以暂时躺下休息。保健室里的护理人员(nursing staff)也必须是持有护理执照的专门人员(licensed professional)，才能提供学生正确且专业的医护服务。

关键词汇

1. painkiller 止疼药

eg. I think I need to take a painkiller to ease my menstrual cramps.

我觉得我需要吃止痛药来缓解我的经痛。

2. ease 缓解

eg. I think I need to take a painkiller to ease my menstrual cramps.

我觉得我需要吃止痛药来缓解我的经痛。

关键词汇

3. disinfect 消毒

eg. Let the nurse disinfect your wound.

让护士帮你消毒伤口。

4. take one's temperature 量体温

eg. Can you take my temperature? I think I have a fever.

可以帮我量个体温吗?我觉得我发热了。

关键词汇

5. dress one's wound 包扎伤口

eg. The nurse will dress your wound.

护士会帮你包扎伤口。

关键句型

1. I accidentally cut my finger.

我不小心割到手指头了。

2. My abdomen is killing me.

我的肚子好痛。

关键句型

3. Lie down and get some sleep.

躺下来，休息一下吧。

4. Let the nurse disinfect your wound.

让护士帮你消毒伤口。

关键句型

5. Take a deep breath. This might hurt a little.

深呼吸，这可能会有点痛。

6. You're feeling dizzy because you didn't have breakfast.

你觉得头晕是因为你没吃早餐。

关键句型

7. Can you take my temperature? I think I have a fever.

可以帮我量个体温吗?我觉得我发热了。

8. Nothing serious. It's only a slight wound.

没什么大不了的。这只是个轻伤。

关键句型

9. The nurse will dress your wound.

护士会帮你包扎伤口。

10. I think I need to take a painkiller to ease my menstrual cramps.

我觉得我需要吃止痛药来缓解我的经痛。

会话练习

A: What brings you here?

为什么到这里来呢?

B: I'm not feeling well.

我不舒服。

会话练习

A: What's wrong with you?

你怎么啦?

B: My abdomen is killing me.

我的肚子好痛。

会话练习

A: Are you having your period?

是你生理期来了吗?

B: Yes, it's the first day.

对, 今天是第一天。

A: Well, I'll give you a painkiller to ease your cramps. You can lie down and take a rest if you want. You should feel better after a while.

嗯, 我会给你一粒止痛药缓解经痛。如果你想要的话, 可以躺下来休息一下。一会儿之后你应该就会好多了。